

Freshman Retreat – Spring

January 31-February 1, 2022

Departure: Thursday, January 31st 9am from JSerra (by the Chapel)

Please arrive to campus by 8:30am

Arrival: Friday, February 1st 2pm at JSerra (by the Chapel)

Transportation: Charter Bus – BestVIP

Cost: \$200 – Payment is non-refundable, see policy below

(Student Leaders selected by Campus Ministry: \$100)

Location: Mission San Luis Rey in Oceanside

4050 Mission Ave, Oceanside, CA 92057

What to Bring:

- Sleeping bag/sheets and pillow (bedding is provided, bring your own if you desire)
- Toiletries
- Washcloth and bath towel
- Casual clothes, jeans, t-shirts, etc (school appropriate, no leggings)
- Sweatshirt/jacket
- Shoes appropriate for outdoor activities
- A large snack item to share with your fellow students
- Refillable water bottle
- Watch

School Work:

Students will miss classes Thursday and Friday. Therefore, according to school policy, they will be responsible for any work assigned on those days and any tests the following days.

We suggest you're your student speak with their teacher about work they will miss, as it will be a great opportunity for them to be looking ahead so they do not fall behind. Students have as many days missed to make up the work.

Departure and Arrival:

We will be leaving for the retreat Thursday morning. We will be returning from the retreat Friday at the end of the school day.

Please leave cell phones at home! If students bring them, they will be collected and not returned until the end of the retreat.

In order to prevent theft or loss, please do not bring any valuables that cannot be carried with you at all times. JSerra will not be held responsible for any lost or stolen items that occur on this trip.

Dress Code:

Retreat participants are expected to dress in a fashion that represents modesty and good taste. Clothing must cover all undergarments and midriffs. Bikini tops, low cut tops, miniskirts, short shorts, and sagging or other inappropriate attire are not to be worn at any

time during the retreat. Girls - Leggings are not to be worn, unless with long shirts/sweatshirt that go down to fingertips. No shirts exposing midriff area allowed. Please leave behind clothing with vulgar or offensive language or obscene pictures on T-shirts behind. These types of clothing will not be tolerated.

Where will we stay?

Mission San Luis Rey has rooms equipped for two people. There is a sink in each room and a communal bathroom. No food or drink (except water) will be allowed in the rooms. If there is a medical condition that makes this policy a hardship, we will do our best to accommodate it.

What will the weather be like?

Please be prepared for possible rain. The nights will be chilly so please pack accordingly.

For your health!

Please be advised to drink lots of water and eat properly. Students are not allowed to carry any over-the-counter medications or prescription medications either. All medication has to be given to one of the adult chaperones with full detailed instructions prior to departure.

What happens if I get in trouble?

If your son or daughter is caught in an act of misconduct, you the parent or guardian will need to drive up and pick them up personally. We are not responsible for any arrests or citations that might come from such activities. All students are asked to follow the rules and JSerra behavioral policies.

Special Diets:

Please advise the Director of Campus Ministry of any dietary needs.

Payment Policies:

The total cost for this retreat is \$200 for retreatants and \$100 for student leaders, and includes food, lodging, transportation, activities, and commemorative t-shirt. **All payments are non-refundable.** Students may be added after the deadline, based on availability and with payment in full.