

Senior Kairos Retreat – Winter

January 24-27

Departure: Tuesday, January 24th at 3 pm at JSerra (by the Chapel)

Arrival: Friday, January 27th 2pm at JSerra (by the Chapel)

Transportation: Charter Bus – Lux Bus

Cost: Included in Senior Fees

(Student Leaders selected by Campus Ministry: \$200)

Location: Whispering Winds Catholic Camp & Conference Center to JSerra

17606 Harrison Park Rd, Julian, CA 92036

Camp Emergency Contact: 760-765-1600

What to Bring:

- Sleeping bag/sheets and pillow
- Toiletries
- Washcloth and bath towel
- Casual clothes, jeans, t-shirts, etc (school appropriate, no leggings)
- Sweatshirt/jacket
- Shoes appropriate for outdoor activities
- Clothes that can get messy
- Bathing suit
- A large snack item to share with your fellow students
- Refillable water bottle
- Watch

In order to prevent theft or loss, please do not bring any valuables that cannot be carried with you at all times. JSerra will not be held responsible for any lost or stolen items that occur on this trip.

School Work:

Students will miss and be excused from class on Wednesday, Thursday and Friday. Students are responsible to make-up tests, quizzes, and homework that was missed. They will receive two extra days for make-up work following the retreat. Students are responsible for tests and quizzes on the following Monday if no new material was covered during the retreat. While make-up work does not need to be completed before the retreat, we suggest that students speak with their teacher about work they will miss, as it will be a great opportunity for them to be looking ahead so they do not fall behind.

Departure and Arrival:

We will be leaving for the retreat Tuesday afternoon. We will be returning from the retreat Friday at the end of the school day.

Cell Phone Use:

Cell phone use is prohibited during retreat. We will be collecting all phones on the way to retreat center. In an emergency, cell phone usage will be permitted.

Dress Code:

Students are expected to be dressed appropriately and modestly. On retreat, we are constantly active and playing games. Girls are not to wear short shorts or leggings (unless with a long shirt/sweatshirt that goes past their fingertips). Stomachs must be fully covered, or you will be asked to change. No clothing with offensive language or pictures is allowed.

Where will we stay?

Whispering Winds has dorm style rooms with multiple people to a room. Bring sleeping bag/sheets and a pillow. If there is a medical condition that makes this policy a hardship, we will do our best to accommodate it.

What will the weather be like?

Please be prepared for possible rain. The nights will be chilly so please pack accordingly.

Administration of Medication

Students are not allowed to carry any over-the-counter medications or prescription medications either. All medication and the Request to Administer Medication form must be given to the nurse's office with full detailed instructions **prior to departure**.

What happens if I get in trouble?

If your son or daughter is caught in an act of misconduct, you the parent or guardian will need to drive up and pick them up personally. We are not responsible for any arrests or citations that might come from such activities. All students must sign the Student Behavior Contract and turn into the Campus Ministry Office **prior to the retreat**.

Special Diets:

Please advise the Director of Campus Ministry of any dietary needs.

Payment Policies:

The total cost for this retreat is included in senior and \$200 for student leaders, and includes food, lodging, transportation, activities, and commemorative t-shirt. **All payments are non-refundable.** Students may be added after the deadline, based on availability and with payment in full.