

Freshman Retreat – Spring

January 18-19

Departure: Thursday, January 18th 9am from JSerra (by the Chapel)

Please arrive to campus by 8:30am

Arrival: Friday, January 19th 2pm at JSerra (by the Chapel)

Transportation: Charter Bus – Lux Bus

Cost: \$250 – Payment is non-refundable, see policy below

(Student Leaders selected by Campus Ministry: \$150)

Location: Mission San Luis Rey in Oceanside

4050 Mission Ave, Oceanside, CA 92057

Camp Emergency Contact: 760-757-3651

What to Bring:

- Bedding is provided
- Toiletries
- Bath towel and wash cloth are provided
- Casual clothes, jeans, t-shirts, etc (school appropriate, no leggings)
- Sweatshirt/jacket
- Shoes appropriate for outdoor activities
- A large snack item to share with your fellow students
- Refillable water bottle
- Watch

In order to prevent theft or loss, please do not bring any valuables that cannot be carried with you at all times. JSerra will not be held responsible for any lost or stolen items that occur on this trip.

School Work:

Students will miss and be excused from class on Thursday and Friday. Homework that is assigned on the day(s) of excused absences will be waived. Students are responsible for tests and quizzes on the school day immediately following the retreat if no new material was covered during the retreat. If new material was covered during the retreat, students will receive one school day per period missed to study following the retreat, and the assessment must be completed on the following Friday. Depending on which school days were missed, and if the retreat took place on block days, this could amount to 1 or 2 days to study following the retreat. While make-up work does not need to be completed before the retreat, we suggest that students speak with their teacher about work they will miss, as it will be a great opportunity for them to be looking ahead so they do not fall behind.

Departure and Arrival:

We will be leaving for the retreat Thursday morning. We will be returning from the retreat Friday at the end of the school day.

Cell Phone Use:

Cell phone use is prohibited during retreat. We will be collecting all phones on the way to retreat center. In an emergency, cell phone usage will be permitted.

Dress Code:

Students are expected to be dressed appropriately and modestly. On retreat, we are constantly active and playing games. Girls are not to wear short shorts or leggings (unless with a long shirt/sweatshirt that goes past their fingertips). Stomachs must be fully covered, or you will be asked to change. No clothing with offensive language or pictures is allowed.

Where will we stay?

Mission San Luis Rey has rooms equipped for two people. There is a sink in each room and a communal bathroom. No food or drink (except water) will be allowed in the rooms. If there is a medical condition that makes this policy a hardship, we will do our best to accommodate it.

What will the weather be like?

Please be prepared for possible rain. The nights will be chilly so please pack accordingly.

Administration of Medication

Students are not allowed to carry any over-the-counter medications or prescription medications either. All medication and the Request to Administer Medication form must be given to the nurse's office with full detailed instructions **prior to departure**.

What happens if I get in trouble?

If your son or daughter is caught in an act of misconduct, you the parent or guardian will need to drive up and pick them up personally. We are not responsible for any arrests or citations that might come from such activities. All students must sign the Student Behavior Contract and turn into the Campus Ministry Office **prior to the retreat**.

Special Diets:

Please advise the Director of Campus Ministry of any dietary needs.

Payment Policies:

The total cost for this retreat is \$250 for retreatants and \$150 for student leaders, and includes food, lodging, transportation, activities, and commemorative t-shirt. **All payments are non-refundable.** Students may be added after the deadline, based on availability and with payment in full.