VIRTUAL & DISTANCE SERVICE OPPORTUNITIES

1. **Letters to Sick & Elderly**: Start a letter writing campaign to people in the hospital or nursing home. This could include an email or E-Card with a positive message or encouraging note.

2. **Assist the Blind**: Assist a blind individual with daily tasks through the app [Be My Eyes](www.bemyeyes.com).

3. **Help Families**: Organize an online fundraiser for a family in need in your community.

4. **Non-profit Charity Assistance**: Put your coding and technology skills to use and build a website or blog for a small nonprofit in your area.

5. **Non-profit Charity Assistance**: If you’re a social media guru, offer to manage social media accounts for local nonprofits. Or unleash your inner artist and offer to design graphics to help support a local nonprofit. One very good option for this is Missionary Heart (surgeries for blind, handicapped, and seriously ill poor persons in Mexico—contact Mr. Reidy)

6. **Tutoring Children**: Tutor elementary or middle school students online.

7. **Food Banks**: Drop off food donations to a food bank such as South County Outreach or Second Harvest.

8. **Make Face Masks**: Use specialty skills such as sewing to make face masks.

9. **Non-profit Charity Assistance**: Are you a skilled writer? Offer to create blog content to help support a nonprofit in your community.

10. **Troops**: Write letters to soldiers overseas or donate goods to Camp Pendleton through Operation Help a Hero. See [www.operationhelpahero.org](http://www.operationhelpahero.org) for more details.